



# BTEC NATIONAL LEVEL 3 IN SPORT

Awarding Body  
Edexcel

Who is the course for?

Those who wish to achieve/develop

- 2 A Levels in their passion of interest
- Leadership/Coaching skills
- Report writing skills
- Presentation skills
- Independent learning skills
- Understanding of the active leisure and sport industry.

What can it lead to?

Prepare you for entering a specialist area of employment in Sport and Leisure.  
Progression to University Degrees.

What are the entry requirements?

What will I Study?

Principles of anatomy and physiology  
Physiology of fitness  
Risk assessments in sport  
Fitness training programmes  
Sports coaching and sports development  
A range of activities and their strategies and tactics  
Sports nutrition

How will I be taught?

- Each unit is split into mini assignments
- Complete each mini assignment by the deadline given.
- Research information to meet criteria.
- Present information in various ways
  - Presentations
  - Reports
  - Brochures
  - Video
  - Coaching sessions

How will I be assessed?

Coursework 100%

What equipment or materials will I need?

Exercise & Textbooks.